

On the Sidelines

Official Newsletter of Ridley United Soccer Club Fall 2015 Edition, Volume 1

WELCOME MESSAGE

Our Fall Season is well underway and hope everyone is having fun out there. Remember this is a game and games are meant to be fun.

MONTHLY MEETINGS

Monthly Board meetings are held the 1st Wednesday of every month at 7:00 pm at our Clubhouse on Catania Field. Everyone is welcome.

DEVELOPMENTAL PROGRAM

The Club is pleased to continue the developmental program for U8 players. This program is intended to target those players who show a high level of skill and commitment. The program will provide top level coaching on additional nights. Players chosen to participate in the developmental program will still play with their regular Intramural teams.

TOPSoccer

The Club offers TOPSoccer (The Outreach Program for Soccer) program for athletes with Special Needs. For more information, or if you'd like to get involved, please contact Ron Baldino at ruscoachron@aol.com

FUTURE CAPTAIN SPORTS TRAINING

The Club offers an additional night of free training for any Intramural player who wants to improve their game. All sessions will be at Catania Field. Go to the far end of the field. Last session will end the week of October 28

U7 Girls – Monday, 6-7pm
U9 Girls – Monday, 7-8pm
U7 Boys – Tuesday, 6-7pm
U9 Boys – Wednesday, 6-7pm
U12/U14 – Wednesday, 7-8pm
U10 – Thursday, 6-7pm

INTRAMURAL TOURNAMENTS

The Club will host a Tournament for players in our U7 and U9 age brackets. The tournament is scheduled for November 6th and 7th at Catania Field. More details will be available as we get closer.

CONCUSSION AWARENESS

In accordance with the Club's policy, each player, parent, and coach needs to be aware of the effects of concussions. If you haven't already done so, visit our website or EPYSA website for information on concussion awareness. Remember the coach has no discretion when it comes to a player with a potential concussion. That player must be removed from the game. For more info, please contact Penny Zimmerman at peneric@aol.com

CONGRATULATIONS!

The Club held its annual Travel Tournament in August. Congratulations to our travel teams.

Champions

U11 Girls – Rampage
U12 Girls – Rebels
U9 Boys – Raptors
U12 Boys – Raiders

Finalist

U9 Girls – Wildcats
U14 Girls – Revolution
U11 Boys – Rams
U14 Boys – Rolling Thunder

COACHES v. KIDS GAMES

Charity games pitting the kids versus the coaches will be held Nov 14 in the Ridley High School Stadium. Proceeds from the event will go toward Scoring Goals for Autism. Stayed tuned for further information.

MUD, SWEAT & CHEERS CHALLENGE

You've heard of these Tough Mudders, Tribal Runs, Seal Training. Well, this is nothing like them. It's our version but it will be a ton of fun for some and the worst nightmare for others. How tough are you? It's set for December 6th. All proceeds from this event will be used to fund our field improvements. We need lots of help so if you can volunteer or like to participate, please contact Meredith Adams at meredith1222@gmail.com. Check it out on www.facebook.com/rusc5k

IMPORTANT DATES

- Intramural Tournament- November 6-7th at Catania Field
- Coaches v. Kid Charity Game – November 15th at Ridley High School
- Players Banquet- November 22nd at Springfield Country Club
- Mud, Sweat, & Cheers Challenge (3k & 5k Mud Run & Obstacle Course) – December 6 at Blackrock Park

FACEBOOK

Ridley United has a Facebook page. Please friend us there to keep in touch with what's going on with the Club.